



## TRUSTED LASIK SURGEONS™

# How to Choose an Expert LASIK Surgeon: Your Essential Guide and Checklist

## Introduction

Deciding to undergo [LASIK Surgery](#) is a significant step toward achieving clearer vision. While the procedure boasts a high success rate and has transformed millions of lives, the most critical factor in ensuring a safe and successful outcome lies in choosing the right surgeon. This decision should not be taken lightly.

This free report is designed to empower you, the consumer, with the knowledge and tools needed to thoroughly evaluate potential LASIK surgeons. Whether you're considering a surgeon in your local area, exploring options from our [Trusted LASIK Surgeons™ Directory](#), or simply beginning your research, this guide will help you ask the relevant questions to make a confident and informed choice.

Your vision is precious. Use this guide and checklist to ensure you entrust it to a true expert.

## Key Areas to Evaluate When Choosing Your LASIK Surgeon

Choosing an expert LASIK surgeon goes beyond reviewing their website. It involves a deep dive into their experience, credentials, technology, and patient care philosophy. Here are the crucial areas to consider:

- 1. Experience and Volume of Procedures:** An experienced surgeon has encountered a wider range of cases and potential scenarios, enhancing their ability to handle complex situations. In vision correction surgery, "volume" refers to the number of procedures performed, which often correlates with expertise.
- 2. Credentials and Board Certification:** Verifying a surgeon's qualifications ensures they have met rigorous standards of training, knowledge, and ethical practice.
  - **Board Certification:** Certification by the [American Board of Ophthalmology \(ABO\)](#) signifies they completed an accredited residency program and passed comprehensive examinations.
  - **Professional Affiliations:** Membership in respected professional organizations like the American Academy of Ophthalmology ([AAO](#)), the American Society of Cataract and Refractive Surgery ([ASCRS](#)), the International Society of Refractive Surgery ([ISRS](#)), and other national and international ophthalmology organizations indicates a commitment to ongoing education and staying current with the latest advancements.
- 3. Technology and Range of Procedures Offered:** The best surgeons often invest in state-of-the-art technology and offer a variety of the latest vision correction procedures and enhancements.



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This means they can recommend the best option for your specific eyes, rather than trying to fit every patient into a single technology. They should be proficient in various techniques like [LASIK](#), [PRK](#), [ASA](#) and potentially [SMILE Eye Surgery](#), and knowledgeable about [IOL options](#) if laser surgery isn't suitable.

4. **Patient Outcomes and Safety Record:** While no surgery is without risk, an expert surgeon should have a strong safety record and be transparent about their typical outcomes. They should be able to discuss their rates of achieving specific vision goals (e.g., 20/20 vision) and their complication rates.
5. **Personalized Approach and Communication:** Your surgeon should take the time to understand your unique visual needs, lifestyle, and concerns. They should clearly explain the procedure, potential risks, expected recovery, and answer all your questions in an understandable manner, making you feel comfortable and confident.
6. **Surgical Facility and Support Staff:** The surgical facility where the LASIK or laser vision correction procedure best suited to you and your eyes is performed should be accredited and meet high standards of safety and cleanliness. The support staff (technicians, nurses, counselors) should be experienced, knowledgeable, and provide excellent patient care.
7. **Post-Operative Care and Follow-up:** A comprehensive post-operative care plan is vital for successful healing and long-term results. Understand the schedule of follow-up appointments, who provides the care, and how they handle potential post-operative concerns.

#### How Trusted LASIK Surgeons™ Can Help

The task of finding an expert surgeon can seem daunting, but resources like [Trusted LASIK Surgeons™](#) are here to simplify the process. Our website is an online resource dedicated to consumers looking to improve their vision through eye surgery.

Our [Trusted LASIK Surgeons™ Directory](#) features only expert LASIK surgeons (many also perform lens implant and other refractive surgery procedures). We screen surgeons based on objective criteria such as experience (# of years in practice and high volume of specific procedures performed, professional Accomplishments: Involvement in research, teaching, and development of new techniques and peer recognition (awards, leadership roles in professional organizations, and recognition from fellow ophthalmologists. Learn more about our comprehensive screening process at: [Qualifications and Screening](#)

And discover more reasons why choosing a doctor from our directories provides unparalleled peace of mind at: [Why Choose Trusted LASIK Surgeons](#)

**IMPORTANT NOTE:** Not all LASIK surgeons in our Trusted LASIK Surgeons™ Directory perform all procedures or utilize all technologies and options in this report.



## ***TRUSTED LASIK SURGEONS™***

### **How to Choose an Expert LASIK Surgeon: Your Essential Guide and Checklist**

#### **Your Essential Checklist: Questions to Ask Your Potential LASIK Surgeon**

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Use these questions during your consultation to evaluate any LASIK surgeon you are considering. Bring this report with you and take notes!

#### **About the Surgeon's Experience & Volume of LASIK and other laser vision correction procedures like PRK, ASA and others (typically available on website, we recommend you confirm):**

- How many laser vision correction procedures have you performed in total? LASIK?
- How many laser vision correction procedures do you perform annually? LASIK
- How long have you been performing LASIK or other refractive surgeries?
- Do you specialize in LASIK and PRK or do you perform other vision correction procedures?
- What percentage of your practice is dedicated to refractive surgery?
- Have you treated cases similar to mine (e.g., my specific prescription, astigmatism level, corneal thickness)?

#### **About Their Credentials & Professional Standing:**

- Are you Board Certified by the American Board of Ophthalmology (ABO)? (Most will display proof of certification in their office or verify.)
- Are you a member of professional organizations such as the AAO, ASCRS, ISRS or other state, national and international ophthalmology organizations?
- Do you participate in clinical research or teach other surgeons?
- Do you have any current or past faculty appointments at a department of ophthalmology or medical school?
- Are you certified to train other eye surgeons in the use of lasers, technologies, or devices used in laser vision correction, refractive and/or cataract surgery?
- Do you have any peer-reviewed publications or presentations related to LASIK or refractive surgery?



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### **About Technologies Used and Procedure:**

- What specific laser technology do you use for LASIK (e.g., excimer laser model, femtosecond laser model)?
- Do you offer different types of LASIK (e.g., custom LASIK, all-laser LASIK)? If so, which do you recommend for me and why?
- What other vision correction procedures do you offer besides LASIK (e.g., PRK, ASA, Smile EYE Surgery, EVO-ICL, RLE, CLE, astigmatic incisions)?
- If LASIK is not ideal for my eyes, what alternatives would you recommend and why?
- How do you ensure the technology is calibrated and up-to-date?

### **About Safety & Outcomes:**

- What are your typical success rates for patients achieving 20/20 or 20/25 vision after LASIK?
- What is your personal complication rate for LASIK? How do you manage potential complications?
- How do you track your long-term patient outcomes?
- What measures do you take to ensure patient safety during and after the procedure?

### **About the Consultation & Personalized Care:**

- What tests will be performed during my comprehensive consultation to determine my candidacy?
- How do you determine if I am a good candidate for LASIK or another procedure?
- What are the potential risks and side effects specifically for my eyes, given my prescription and eye health?
- How will you explain the procedure and recovery process to me in detail?
- Will I meet with you personally for all my pre-operative and post-operative appointments, or primarily with staff?



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### **About Post-Operative Care & Follow-up:**

- What is the typical post-operative care schedule following LASIK?
- Who will be responsible for my post-operative care?
- How do you handle urgent questions or concerns if they arise after hours or on weekends?
- What is your policy on enhancement or touch-up procedures if needed, and what are the associated costs?

### **About the Cost & Financials:**

- What is the total, all-inclusive cost of the LASIK procedure you are recommending for me?
- Are there any additional fees for follow-up care, enhancements, or specific technology?
- What financing options are available?

Explore our dedicated [LASIK Cost Checklist](#) for tips and guidance to help you:

- Determine the True Cost of LASIK and
- Save money on LASIK or another vision correction procedure.

### **Conclusion**

Choosing an expert LASIK surgeon is the single most important decision you will make on your path to clearer vision. By leveraging the insights and questions in this guide, you can empower yourself to conduct a thorough evaluation, ensuring you select a surgeon who is not only highly skilled and experienced but also dedicated to your safety and optimal outcome.

Take your time, ask every question on this checklist, and trust your instincts. Your vision deserves nothing less than the care of an expert.

While this guide serves as a universal tool to evaluate any LASIK surgeon, starting your search with a trusted expert from our directories can significantly streamline your decision-making process and enhance your confidence.

**Ready to find a trusted LASIK expert near you? Please visit:**

**[Find a Trusted LASIK Surgeon™](#)**

**Important Note:** The information in this report is for general educational purposes only and is not medical advice.



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**Disclaimer:** While Trusted LASIK Surgeons™ is proud to feature expert eye surgeons, it is essential to understand that each surgeon's practice may specialize in specific or procedures (some may not offer cataract surgery or lens implants) or offer a unique selection of technologies (e.g., specific types of lens implants like EVO ICLs or Light Adjustable Lenses, or specialized surgeries like Laser Assisted Cataract Surgery or Astigmatic Incisions). We strongly advise you to have a personalized consultation with a qualified surgeon to assess your vision, discuss all applicable options, and understand what procedures and technologies are available at their practice.